



Trails Days 2018 Report

We rolled up our sleeves and joined the community volunteers as we worked to improve the Folsom's trails.

When: Saturday, April 14, 2018

Time: 9:00 AM - 12:00 PM

Where: B. T. Collins Park & Parkway Trails, Folsom

Some of the volunteers added safety stenciling to the Johnny Cash Trail and the Oak Parkway Trail. Other volunteers staked new trees and replaced eroded trail borders at B.T. Collins Park.

This year's event was made possible by the generous sponsorship support of REI Co-Op, Green Acres Nursery & Supply, Chick-fil-A, Starbucks, BJ Cinnamon, Snooks Candies, Walmart, Mike's Bikes, Fleet Feet, Pepsi, and the Pink Ice Cream Cart.



We really appreciate the Intel Corp for providing over 50 dedicated volunteers to help in the event.

The following pictures are of some of them at work..



THE NEXT MEETING...

The next regular Friends of Folsom Parkways meeting will be held on **May 10th** at 7:00 p.m. in The Parkway at Folsom Owners' Association Building, 1455 Willow Bend Road, Folsom.

To get to this meeting take Blue Ravine east, past Oak Avenue Parkway to Parkway Drive. Make a right turn on to Parkway Drive. Go one block and turn left on to Willow Bend Road. The club house is immediately on the right.

Our Vision

Our vision is to promote the usage, preservation and development of parkways within the City of Folsom.

Our Mission

Our mission is to make the citizens of Folsom aware of the parkways, raise funds for parkway development, work to educate the community on parkway issues, work to influence development proposals to the benefit of the parkways, and work to identify areas of Folsom worthy of inclusion in the parkway system.

Look for us on Facebook, on Meetup, and at our web site

<http://www.enjoyfolsomtrails.org/>

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NEWS BITS

Gifts That Give Back

Commemorative Johnny Cash Trail items make great gifts, whether you're looking to top off a stocking or wow the recipient with a one-of-a-kind item – or treat yourself! Johnny Cash Trail brand-ed items for sale include mouse pads and medals, marble coasters, tote bags, shirts, cycling jerseys and shorts.

A limited-edition "JCASH50" California legacy license plate is also available, beautifully framed with a photo of Johnny Cash standing in front of Folsom Prison's east gate in 1968 – the day of his famed live performance for an inmate audience – and an engraved silver plate of commemoration. Only 100 of these special license plates were made in honor of the 50th anniversary of Cash's performance at Folsom State Prison.

Find samples and purchase any of these unique items at the Folsom Senior and Art Center, 48 Natoma Street; open 9 a.m. to 4:30 p.m. Monday through Friday. The framed license plates may also be purchased online; find details and more information about the trail at www.FolsomCashArtTrail.com.

All proceeds from these items benefit the Johnny Cash Trail Art Experience, and are specifically earmarked for "Cash's Pick" – two 7-foot-tall bronze guitar picks that will anchor each end of the trail.



Friends of Folsom Parkways Board Meeting Minutes April 12, 2018

OPENING

The meeting was called to order at 7:05pm by President Jim Kirstein.

PRESENT

Jerry Beckett, Peggy Blair, Jan & Jay O'Brien, Eric & Mary James, Jim Konopka, Jim Kirstein, Glenn Hermanson, Lynn LePage, Jim & Carol Ramstad.

APPROVAL OF MINUTES

Moved by Eric James and seconded by Mary James to approve the minutes of the previous meeting, motion carried.

PRESIDENT'S REPORT

Jim Kirstein reported on the California Trails and Greenways conference that he had attended and said he found it all quite interesting, especially a talk by Robert Moor, the author of a book titled "On Trails". Jim also mentioned a discussion about trail walks with leaders who are familiar with the flora and fauna of the trail area, who interpret the walks as they go.

TREASURER'S REPORT

Treasurer Jim Ramstad passed around a printed report and discussed it with us.

COMMITTEE REPORTS

Adopt a Creek & Trail: Glenn Hermanson said he has plenty of volunteers for Creek Week and they

will be removing aquatic floating plants (Water Hyacinths) this year.

Parkways South of 50: Lynn LePage passed around some maps and discussed the school and parks locations. While Lynn had the floor he explained that the city has voted to put a ½ cent sales tax increase on the November ballot and he explained the items that will be specified to be covered by this increase. He told us that this tax increase will have a sunset date (out ten years) and can be voted out if the people don't feel that the city has kept its promise for the usage of the tax monies.

Trails: Jim Konopka reported that work on the trail in old town along Leidesdorff should be starting in about 2 weeks. Also coming along right after is the undercrossing of Natoma Street near Prison Road.

NEW BUSINESS

Jim Kirstein reminded us that the Mayor's Ride will be on Friday May 11, this is the first time the ride will be held on a Friday.

BOARD MEMBER COMMENTS

Jim Ramstad handed out discount coupons from REI.

ADJOURNMENT

Meeting adjourned at 9:09pm



The gang is all here, ready to begin trails day.

Folsom Ride with the Mayor

Enjoy a 30-mile group ride to celebrate Bike Month.

When: Friday, May 11, 2018

Time: 8:00 AM - 12:00 PM

Where: Historic Folsom, 905 Leidesdorff Street, Folsom, CA, 95630

Event Type: Recreation & Community Services, Parks & Recreation

Contact: Folsom Parks & Recreation - 916-461-6601

Riders meet in Historic Folsom to enjoy a free breakfast before the 9 a.m. departure. Along the 30-mile route, the group will converge with riders from Rancho Cordova and then continue to downtown Sacramento where a free catered lunch will be provided. Riders may rejoin the group to ride back to Folsom or hop aboard light rail (free tickets for participants).

This event is free, but participants are encouraged to pre-register to assist with the breakfast/lunch counts; register online [here](#).

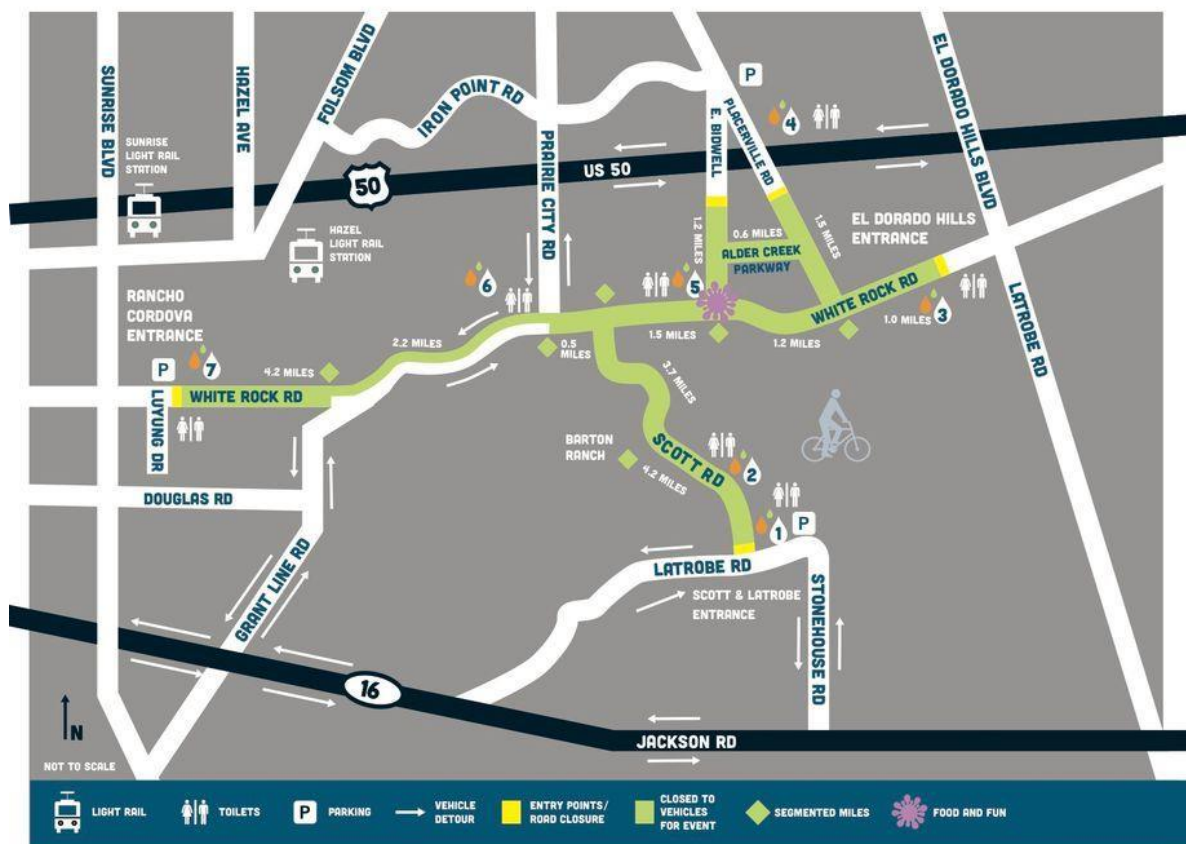
Questions about the event can be directed to Jim Konopka, jkonopka@folsom.ca.us.

8th Annual Great Scott Bike & Walk Event

Join your fellow bike riders on May 6th for more than 30 miles of country roads centered around Scott Road where ONLY cyclists and pedestrians are permitted for six hours!

Fast riders can access the course from 8 - 10 a.m. From 9 a.m. - 3 p.m. The speed limit slows for family-friendly rides.

This event is FREE and made possible by Sacramento County, El Dorado County, City of Rancho Cordova, City of Folsom and the 50 Corridor Transportation Management Association.



Folsom's Parkways - Carrying on the Concept

In the City of Folsom we are blessed to have a great park system. The parks are interconnected with the parkway trails. Some of the trails are within the parks and some are along the streets in their own lane or sidewalk.

The idea of public spaces for working people to use did not exist in this country until a man by the name of Frederick Law Olmsted created the concept of parks for the general public. He is popularly considered to be the father of American landscape architecture. He co-designing many well-known urban parks with his partner Calvert Vaux, including Central Park in New York City.

Other projects that Olmsted was involved in include the country's first and oldest coordinated system of public parks and parkways in Buffalo, New York; the country's oldest state park, the Niagara Reservation in Niagara Falls, New York; the master plans for the University of California, Berkeley, and Stanford University near Palo Alto, California. In Washington, D.C., he worked on the landscape surrounding the United States Capitol building.

The overall design of the park system in Folsom reflect Olmsted's influence. Olmsted believed that the common green space must always be equally accessible to all citizens, and was to be defended against private encroachment. This principle is now fundamental to the idea of a "public park". He also conceived of entire systems of parks and interconnecting parkways to connect certain cities to green spaces. Some of the best examples of the scale on which Olmsted worked are the park system designed for Buffalo, New York, one of the his largest projects.

Closer to California, he proposed, through Senator John Conness, that Congress designate Yosemite Valley and Mariposa Big Tree Grove as public reserves which later were made national parks. This was the first land set aside by Congress for public use. Olmsted in his 1865 report to Congress laid an ethical framework for the government to reserve public lands, to protect their "value to posterity". He described the "sublime" and "stately" landscape, emphasizing that the value of the landscape was not in any one individual waterfall, cliff, or tree, but in the "miles of scenery where cliffs of awful height and rocks of vast magnitude and of varied and exquisite coloring, are banked and fringed and draped and shadowed by the tender foliage of noble and lovely trees and bushes, reflected from the most placid pools, and associated with the most tranquil meadows, the most playful streams, and every variety of soft and peaceful pastoral beauty."

Drawing influences from English landscape and gardening, Olmsted's principles of design, generally speaking, encourage the full utilization of the naturally occurring features of a given space, its "genius"; the subordination of individual details to the whole so that decorative elements do not take precedence, but rather the whole space; concealment of design, design that does not call attention to itself; design which works on the unconscious to produce relaxation; and utility or purpose over ornamentation. A bridge, a pathway, a tree, a pasture: any and all elements are brought together to produce a particular effect.

Olmsted designed primarily in the pastoral and picturesque styles, each to achieve a particular effect. The pastoral style featured vast expanses of green with small lakes, trees and groves and produced a soothing, restorative effect on the viewer. The picturesque style covered rocky, broken terrain with teeming shrubs and creepers and struck the viewer with a sense of nature's richness. The picturesque style played with light and shade to lend the landscape a sense of mystery.

Scenery was designed to enhance the sense of space: indistinct boundaries using plants, brush and trees as opposed to sharp ones; interplay of light and shadow close up and blurred detail further away. A vast expanse of greenery at the end of which lies a grove of yellow poplar; a path that winds through a bit of landscape and intersects with others, dividing the terrain into triangular islands of successive new views.

Subordination strives to use all objects and features in the service of the design and its intended effect. It can be seen in the subtle use of naturally occurring plants throughout the park. Non-native species planted for the sake of their own uniqueness defeat the purpose of design, as that very uniqueness draws attention to itself where the intention is to enable relaxation: utility above all else. Separation applies to areas designed in different styles and different uses enhancing safety and reducing distraction.

In Folsom we are fortunate to have as the City's Parks and Recreation director Robert Goss who just happens to be a Landscape Architect, a field created by Frederick Law Olmsted. In addition we have as our Trails Planner, Jim Konopka, who has been schooled in work that Olmsted has done. These guys know what they are doing and our parks and trails are great examples of the legacy of Olmsted.



CALENDAR

- May 6 Great Scott Road Ride
- May 10 FOFP Monthly Meeting
- May 11 Mayors Ride
- May 18 Amgen TOC Folsom Start
- May 27 Johnny Cash Trail Ride
- June 14 FOFP Monthly Meeting

----- Membership Form -----

I would like to renew my membership or become a new member of Friends of Folsom Parkways for 2018. My yearly membership fee of \$15.00 individual / \$20.00 family is enclosed made out to: **Friends of Folsom Parkways**. Send to Friends of Folsom Parkways, P. O. Box 1501, Folsom, CA 95763-1501 or go to <http://www.enjoyfolsomtrails.org/> to join.

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Day Telephone: _____ Evening Telephone: _____

Email Address: _____

Circle the activities you are interested in helping with:

- | | | | |
|-------------|---------------|---------------------|------------------|
| TRAIL WALKS | TREE PLANTING | ADOPT-A-CREEK/TRAIL | PROJECT REVIEW |
| TRAILS | FUND RAISING | MEMBERSHIP | WILDLIFE HABITAT |
| FUN RUN | TRAIL DAY | BIKE PATHS | FINDING SPONSORS |