FRIENDS OF FOLSOM PARKWAYS

On The Trail

The Newsletter of the Friends of Folsom Parkways

July 2022

Save the Trees, Stress the Lawn!

As we enter into the middle of summer, we are all trying to find ways to beat the heat and your trees are as well! Help your trees stay healthy this summer by giving them regular, deep and slow watering. Even under water use restrictions, both the State of California and the City of Folsom recognize the importance of keeping your trees watered to help them survive and provide exemptions for watering your trees. Let your lawns go gold, but keep your trees green!

During these hot months many of our trees are suffering from drought stress- typical signs to look for are wilting leaves, leaves yellowing or early showing of Fall colors, leaf scorching- showing a brown or burned appearance, or defoliating trees that begin to lose their leaves from the top and branch ends. If your trees are showing any of these symptoms, it's time for a nice slow and deep watering!

Watering tips for mature and young trees can be found by visiting: **sactree.org/water**

Besides regular and deep watering, spreading natural woodchip mulch around the base of your trees is one of the best ways to help your tree retain moisture. Residents can pick up free mulch from behind City Hall at 50 Natoma Street and at the Hinkle Creek Nature Trail, next to Fire Station 36 at 9700 Oak Avenue Parkway. Find tips on how to spread mulch around your trees here: **sactree.org/mulch**

The Next Meeting...

The next regular Friends of Folsom Parkways meeting will be held on July 14th at 7:00 p.m. in The Parkway at Folsom Owners' Association Building, 1455 Willow Bend Road, Folsom.

To get to this meeting take Blue Ravine east, past Oak Avenue Parkway to Parkway Drive. Make a right turn on to Parkway Drive. Go one block and turn left on to Willow Bend Road. The club house is immediately on the right.

Our Vision

Our vision is to promote the usage, preservation and development of parkways within the City of Folsom.

Our Mission

Our mission is to make the citizens of Folsom aware of the parkways, raise funds for parkway development, work to educate the community on parkway issues, work to influence development proposals to the benefit of the parkways, and work to identify areas of Folsom worthy of inclusion in the parkway system.

Look for us on Facebook, on Meetup, and at our web site
http://www.enjoyfolsomtrails.org/

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Officers

President	vacant
Vice Pres.	Lynn LePage
Treasurer	Jim Ramstad
Secretary	Carol Ramstad
Historian	Carol Ramstad
Publicity	Peggy Blair
Newsletter Editor	Jim Kirstein
Membership	Eric James
Webmaster	Jerry Beckett

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Adopt a Creek & Trail
Glenn Hermanson

Grant Research
Don Krueger

Membership
Eric James

Parkways South of 50
Lynn LePage

Publicity
Peggy Blair

Trails
Brett Bollinger

NEWS BITS

Gifts That Give Back

Commemorative Johnny Cash Trail items make great gifts, whether you're looking to top off a special gift or wow the recipient with a one-of-a-kind item – or treat yourself! Johnny Cash Trail branded items for sale include mouse pads and medals, marble coasters, tote bags, shirts, cycling jerseys and shorts.

A limited-edition "JCASH50" California legacy license plate is also available, beautifully framed with a photo of Johnny Cash standing in front of Folsom Prison's east gate in 1968 – the year of his famed live performance for an inmate audience – and an engraved silver plate of commemoration. Only 100 of these special license plates were made in honor of the 50th anniversary of Cash's performance at Folsom State Prison.

Find samples and purchase any of these unique items at the Folsom Senior and Art Center, 48 Natoma Street; open 9 a.m. to 4:30 p.m. Monday through Friday. The framed license plates may also be purchased online; find details and more information about the trail at www.FolsomCashArtTrail.com.

All proceeds from these items benefit the Johnny Cash Trail Art Experience, and are specifically earmarked for "Cash's Pick" – two 7-foot-tall bronze guitar picks that will anchor each end of the trail.

Friends of Folsom Parkways Meeting Minutes: June 9, 2022

OPENING

The meeting was called to order by Vice President Lynn LePage at 7:05

PRESENT

Jim Kirstein, Lynn LePage, James Ramstad, Carol Ramstad, Eric James, Mary James, Jan O'Brien, Jay O'Brien, Kimmie Boyle, Brett Bollinger, Sharon Kindle, Barbara from Hinkle Creek organization.

APPROVAL OF MINUTES

Lynn LePage said if there were no disagreements then the minutes would be approved.

PRESIDENT'S REPORT

Lynn was able to tour the Old Army Depot where the Sacramento Tree Foundation stores the wood that is collected throughout Sacramento. They cut and mill it into beautiful slabs of wood. A good partnership for all.

TREASURER'S REPORT

Treasurer Jim Ramstad provided a printed report to those present and discussed it.

COMMITTEE REPORTS

Folsom Urban Forestry: Kimmie Boyle stated they're working on a couple of things with the drought. Talking about saving water and watering the trees. They're really trying to message that even though you turn off the water to your lawns you still have to water your trees. An effective way to water your trees is by deep watering them with a hose. Aimee Nunez wants to figure out a way to get information to commercial properties. FFOP and SAC Tree Foundation will have a booth at the Farmers Market on June 25th.

Membership: Eric states we have 19 memberships for 2022. Lynne suggested to Eric to collaborate with Jerry on a software program that would be the best for our organization.

Parkways South of 50: Lynne surveyed the area. They're working on White Rock Road and making sure the signage isn't as confusing. Development is going quickly. A lot of projects are going on that need approval of City Council.

Trails:

Active Transportation Plan: The final is going to City Council on 6/14/22.

Folsom-Placerville Rail Trail: Old Placerville will be modified. It is being removed all the way to where Westwood is being constructed. Filling out applications to get the trail fully funded.

Mangini Ranch Trails: Is still in design phase. City Council has a budget for it. So has soon as we have a finished design we can move right into construction. They have 3 miles of trails.

Empire Ranch Road will be developing a trail to Folsom Ranch.

Covid Funding was given to City of Folsom to be used to do a feasibility study on the Folsom-Auburn Overcrossing.

Potential Future Grant Funding Opportunities: Safe Street for All. Part of the Federal Infrastructure Bill. $1 billion for each of the next 5 years. (2022-2026)

The City reached out to the Tribes in the Folsom area to help out for the signs for our trails.

OLD BUSINESS:

Hinkle Creek/Lake Natoma Visitor Center.

NEW BUSINESS:

City Budget Statis/Survey - Ranking what is a priority for citizens in Folsom.

Benevento Park- Workshop- Two plans that were introduced at the presentation. We need to work on a Master Plan. on a Master Plan for this park. The park will have to be done in phases.

SWOT exercise next steps by Mary James. Lynne will reach out to REI for a representative to connect with FFOP. Jim and Carol Ramstad will put flyers on the bulletin board at all the Starbucks in Folsom to advertise FFOP and hopefully recruit new members.

BOARD MEMBER COMMMENTS: None

CALENDAR: Next meeting is July 14, 2022

Meeting adjourned at 8:45 pm

Respectfully submitted by: Carol Ramstad, Secretary

White Rock

Thanks to Linda and John Elgart for the picture.

History of White Rock and how White Rock Road got its name

You are probably aware a road named White Rock Road that is on the southern boarder of Folsom. The white rocks for which it is named for are located at the intersection of White Rock Road and Old Placerville Road. The rocks were named generations ago by early wagon travelers who passed through the area on their way to and from the foothills of the Sierra Nevada. The quartz rocks were used by many travelers as a physical landmark and were known for the nearby springs.

These bright white quartz rocks – and the nearby springs – were a beacon for weary travelers between Sacramento and the gold mines of El Dorado County in the mid-1800's. Seeing an opportunity to cater to teamsters, of freight drivers, who drove along the wagon route to Shingle Springs and Placerville in the late 1840's, a man named Henry Jacobs first built a large canvas tent for shelter here. The white rocks soon became a popular rest stop along the wagon trail.

In April of 1850, Daniel and Maratha Jane Chapman purchased the property from Henry Jacobs and built a large barn, stable, farm, and hotel. The location later became known as White Rock Springs Ranch, which was advertised as "one of the largest & best taverns in the State." At the time, the ranch was also the largest building complex in the developing community.

The extension of the Sacramento Valley Railroad, and later the construction of the Lincoln Highway, brought about the end of an era, when more efficient modes of travel gradually replaced the horse and wagon. As wagon travel declined, so did the community of White Rock. The remaining structures at White Rock Springs Ranch were torn down in the 1940's, but its namesake – the white rocks – remain and continue to serve as reminder of those who came before us.

Sara Myers — One of FOFP 's Founders

Sara Myers role in the beginning of the Friends of Folsom Parkways was instrumental as a member of the Folsom City Council working with Ed Pegram and Dick Merz to get the organization started. She served for many years as our President after completing her service on the Folsom City Council. After being president she stayed active serving as our treasurer.

As one of the founders of Friends of Folsom Parkways, Sara was influential in saving multiple acres of parkland and open space within the City of Folsom and in the development of a trail system for the community which now exceeds over 34 miles of multiple, connected segments. The class 1 trail system which is off road, winding through wide open space corridors and includes paved bike trail, with wide shoulders for walkers and joggers and connects our many community parks and schools allowing for the safe transit for children to schools, and many of our residents to work as well as providing ample recreation opportunities. This system also connects to the greater Sacramento area American River trail system.

Her vision in gathering a group of like minded individuals together, partnering with the City, local businesses and volunteer organizations to create City ordinances and obtain funding sources to support this effort have resulted in a nationally recognized trail system and green City spaces. Because of City legislation supported by the Friends of Folsom Parkways under Sara's direction the residents of Folsom and adjacent communities are able to enjoy the large open space preserves, participate in annual tree planting and trail cleanup and creation events.

The Goats are Back!

The City of Folsom is using goats to control weeds along the trails. Dry vegetation can create fire hazards during hot summer months. The City has more than 980 acres of city-owned open space, Goats do an excellent job of reducing weeds in open spaces.

This picture was taken across the street from the Kid's Play Park.

Every year these marvels of nature enjoy a meal of wild weeds which significantly lowers the risk of a wild fire breaking out with a high intensity and getting up into the near-by trees.

In addition they provide fertilizer to help the trees thrive.

CALENDAR

July 14	**FOFP Monthly Meeting**
August 11	**FOFP Monthly Meeting**
September 8	**FOFP Monthly Meeting**

Membership Form

I would like to become a new member of Friends of Folsom Parkways or renew my membership for 2022. My yearly membership fee of $15.00 individual / $20.00 family is enclosed made out to: **Friends of Folsom Parkways**. Send to Friends of Folsom Parkways, P. O. Box 1501, Folsom, CA 95763-1501
or go to http://www.enjoyfolsomtrails.org/ to join.

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Day Telephone:_____ Evening Telephone: _____

Email Address:_____

Circle the activities you are interested in helping with:

TRAIL WALKS	TREE PLANTING	ADOPT-A-CREEK/TRAIL	PROJECT REVIEW
TRAILS	FUND RAISING	MEMBERSHIP	WILDLIFE HABITAT
FUN RUN	TRAIL DAY	BIKE PATHS	FINDING SPONSORS