



# On The Trail

The Newsletter of the Friends of Folsom Parkways

April 2022

## Folsom Trails Day and Arbor Day Volunteer Opportunity

Saturday, April 23 – 8:30 a.m. to noon

On April 23rd Volunteers are needed to help with projects to enhance and improve the city's beautiful recreational trails and urban forest. This 27<sup>th</sup> annual event is a great opportunity for individuals, families, and school and service groups to get involved and give back to the community. This event is free, but volunteers must register in advance to participate.

Register [online](#) or call 916-461-6601 for more details; participants under the age of 18 must be accompanied by a parent/guardian. Exact project details and meeting locations are still being developed; registered volunteers will receive email updates as details become available. All registered volunteers receive a free lunch and commemorative T-shirt.



## City of Folsom Active Transportation Plan (ATP)

The Active Transportation Master Plan (ATP) will combine and update the master plans for both pedestrian and bicycle facilities in the City of Folsom. The ATP will guide the planning, development, and maintenance of existing and future bicycle and pedestrian facilities within the city, including recommended citywide active transportation network improvements and Safe Routes to School.

This planning effort is made possible by funding from the SACOG 2019 State of Good Repair Planning and Project Development Grant Funding Program.

### Draft Active Transportation Plan Now Available for Public Comment

The Draft ATP is open for public comment through April 24. Draft ATP comments can be submitted through the interactive [Draft ATP website](#).

### The Draft ATP public comment period includes presentations at the following public hearings:

Parks & Recreation Commission: 6:30 p.m. April 5, City Council Chambers

Planning Commission: 6:30 p.m. April 6, City Council Chambers

City Council: 6:30 p.m. April 12, City Council Chambers

Final adoption of the ATP will take place in June following public comment and review of the Draft version. Contact [Brett Bollinger](#), City of Folsom Senior Trails Planner, to receive notifications for upcoming events and plan updates, and to submit questions or comments about the ATP.

This directly affects all of the trails in Folsom so be sure to participate in the process!

## THE NEXT MEETING...

The next regular Friends of Folsom Parkways meeting will be held on April 14th at 7:00 p.m. in The Parkway at Folsom Owners' Association Building, 1455 Willow Bend Road, Folsom. Due to COVID it may be online.

To get to this meeting take Blue Ravine east, past Oak Avenue Parkway to Parkway Drive. Make a right turn on to Parkway Drive. Go one block and turn left on to Willow Bend Road. The club house is immediately on the right.

## Our Vision

Our vision is to promote the usage, preservation and development of parkways within the City of Folsom.

## Our Mission

Our mission is to make the citizens of Folsom aware of the parkways, raise funds for parkway development, work to educate the community on parkway issues, work to influence development proposals to the benefit of the parkways, and work to identify areas of Folsom worthy of inclusion in the parkway system.

Look for us on Facebook, on Meetup, and at our web site

<http://www.enjoyfolsomtrails.org/>

## Volume XXXI Number 4

### Officers

President	vacant
Vice Pres.	Lynn LePage
Treasurer	Jim Ramstad
Secretary	Carol Ramstad
Historian	Carol Ramstad
Publicity	Peggy Blair
Newsletter Editor	Jim Kirstein
Membership	Eric James
Webmaster	Jerry Beckett

### Board of Directors

Glenn Hermanson  
Bruce Cline  
Maynard Johnston  
Jim Konopka  
Don Krueger  
Barbara Leary  
Jan O'Brien  
Jay O'Brien  
Robert Goss  
Steven Zawid

### Committees

Adopt a Creek & Trail  
Glenn Hermanson

Grant Research  
Don Krueger

Membership  
Eric James

Parkways South of 50  
Lynn LePage

Publicity  
Peggy Blair

Trails  
Brett Bollinger

## NEWS BITS

### Gifts That Give Back

Commemorative Johnny Cash Trail items make great gifts, whether you're looking to top off a special gift or wow the recipient with a one-of-a-kind item – or treat yourself! Johnny Cash Trail branded items for sale include mouse pads and medals, marble coasters, tote bags, shirts, cycling jerseys and shorts.

A limited-edition "JCASH50" California legacy license plate is also available, beautifully framed with a photo of Johnny Cash standing in front of Folsom Prison's east gate in 1968 – the year of his famed live performance for an inmate audience – and an engraved silver plate of commemoration. Only 100 of these special license plates were made in honor of the 50th anniversary of Cash's performance at Folsom State Prison.

Find samples and purchase any of these unique items at the Folsom Senior and Art Center, 48 Natoma Street; open 9 a.m. to 4:30 p.m. Monday through Friday. The framed license plates may also be purchased online; find details and more information about the trail at [www.FolsomCashArtTrail.com](http://www.FolsomCashArtTrail.com).

All proceeds from these items benefit the Johnny Cash Trail Art Experience, and are specifically earmarked for "Cash's Pick" – two 7-foot-tall bronze guitar picks that will anchor each end of the trail.



## Friends of Folsom Parkways Meeting Minutes: March 10, 2022

### OPENING

The meeting was called to order by Treasurer Jim Ramstad at 7:00

### PRESENT

Jim Kirstein, Lynn LePage, James Ramstad, Carol Ramstad, Eric James, Mary James, Jan O'Brien, Jay O'Brien, Maynard Johnston, Robert Goss, Jerry Beckett.

### APPROVAL OF MINUTES

Jan O'Brien made a motion to approve the minutes of the last meeting as they were printed in the newsletter. Jim Kirstein seconded the motion.

### PRESIDENT'S REPORT

Lynn Lepage, Jim Kirstein met to discuss how to move our organization forward. One of the things to work on is the Rail to Trail to Placerville and other things that will be presented by Robert Goss on the S.W.O.T. exercise tonight. In 2026 the revenue and expenditures of the City will cross. So, a subcommittee was made up to address this problem.

### TREASURER'S REPORT

Treasurer Jim Ramstad provided a printed report to those present and discussed it

### COMMITTEE REPORTS

Adopt a Creek & Trail: Nothing to report

Folsom Urban Forestry:

Aimee wanted to expand our applications for the Heritage Trees. Aimee and Kimmie put out a flyer to the residents of Folsom about tree topping.

Grant Research: Nothing to report

Membership:

Eric states we have 20 new memberships for 2022.

Parkways South of 50:

There is good growth in Folsom Ranch. The new elementary school in Folsom Ranch includes many nationalities. Many of the people to Folsom Ranch are already residents of Folsom. One unique feature is a 600-acre grove of oak trees. Another unique feature is the town center will have residences above the retail shops.

Publicity: Nothing to report

Trail: Trail Days will be April 23. Some of the projects they're working on is putting down decomposed granite on the Oak Avenue Trail. Also, they're taking down the cages around the oak trees around the trail by the duck pond.

### OLD BUSINESS

Hinkle Creek Nature received \$150. They've been working with the City to receive money for projects. Hinkle Creek is working on the Corporation project.

### NEW BUSINESS

State Parks are working on multiuse trails for the mountain bikes but also for the equestrian's and hikers. Robert Goss discussed the S.W.O.T. to move our organization forward.

### BOARD MEMBER COMMENTS:

No comments

### CALENDAR

Next meeting is April 14, 2022

Trails Day is April 23, 2022

### ADJOURNMENT

Meeting adjourned at 9:00 pm

Respectfully submitted by:  
Carol Ramstad, Secretary



Oak Parkway Trail

## City of Folsom March 2022 Trails Report

### Progress on Key Projects

#### Active Transportation Plan (ATP)

Project Description: The new Active Transportation Master Plan (ATP) for the City will combine the master plans for both the pedestrian and bicycle facilities citywide. The ATP will guide the planning, development, and maintenance of existing and future bicycle and pedestrian facilities within the city, including recommended citywide active transportation network improvements and Safe Routes to School.

March Activity: The Draft ATP is open for public comment starting on Friday March 18<sup>th</sup> and will run through April 24<sup>th</sup>. Staff will present and receive public comment on the Draft ATP at scheduled hearings on the following dates:

March 24<sup>th</sup>: Traffic Safety Committee

April 5<sup>th</sup>: Parks and Recreation Commission

April 6<sup>th</sup> Planning Commission

April 12<sup>th</sup>: City Council

#### Mangini Ranch Trails

Project Description: The project consists of the design/engineering and construction of approximately 3 miles of new Class I multi-use trails in the Folsom Plan Area (FPA) Mangini Ranch development. This project meets the City's goal of developing recreational facilities in the FPA Mangini Ranch development and helps make the new residential and commercial developments a community of choice for living, working and enjoying leisure activities. The 3 miles of trail segments provides a much-needed multi-use trail in the FPA Mangini Ranch development to support the residential developments being constructed

December – March Activity: Staff held a kick-off meeting with the consultant in December

2021. The consultant is currently working on completing the design/engineering of the Mangini Ranch Trails. Staff expects 75% completed design for review in Spring 2022.

#### TRAILS GRANT APPLICATIONS

California Natural Resources Agency Prop 68 Per Capita Program: On May 28, 2019, the City submitted a Per Capita Allocation Questionnaire that opted the City into the Per Capita Allocation grant program. On June 24, 2020, OGALS announced that the Per Capita allocation for the City of Folsom was \$177,952.

In addition to the allocation, the City also received \$47,963 in Urban County Per Capita funds. The total Per Capita Allocation for the City is \$225,915. With the required 20% match of \$45,183 the City will have **\$271,098** to utilize on eligible capital outlay projects(s). Staff held a Planning and Development Subcommittee meeting on September 30, 2020 to recommend project(s) to the full commission.

The subcommittee recommended using the grant funding on renovation and new amenities at Ed Mitchell Park. At the October 6, 2020 Parks and Recreation Commission meeting, commissioners voted in favor of using the grant funding money on Ed Mitchell Park renovation and new amenities. Next step in the process is for staff to submit an application for the selected project(s) to (OGALS) for approval.

Staff submitted the Per Capita Grant Application in December 2021 to receive authorization to move forward with the proposed improvements to Ed Mitchell Park.

#### **V. Upcoming Department-Related Events**

Trails Day is back for 2022 and is scheduled for Saturday April 23<sup>rd</sup>.

## How the Folsom Trail System Got Started

The 27th annual Trails Day is coming up this April 23rd and we thought you might like to know just how the whole thing got started.

The first Annual Trail Day was coordinated by the lead volunteer Ed Pegram, who was a friend of the Folsom Parkway board member, Folsom Park and Recreation Commissioner, Folsom Athletic Association board member, Lions Club board member, and a member of the Folsom Prison Advisory Council. It was those connections that Ed leveraged to not only make this first mile of the trail a success, but to demonstrate to the City Council, Planning Commission and Parks and Recreation Commission what was possible. In preparing for the project Ed reached out to the City of Folsom to see if they would lead the project. Based on the current workload and limited resources the city declined. Next, Ed asked the Folsom Prison if they could help through their prison crews. They also declined for some reason. Not being deterred Ed reached out to the State Department of Parks and Recreation because they utilized the prison crews from Ed's connection on the Folsom Prison Advisory Council. Unfortunately, Ed received the same answer, no.

Persistence is a critical trait of successful people. Therefore, Ed retraced his steps and asked each of the entities if they could team up with the other agencies and simply do one third of the work. To this the City of Folsom, Folsom Prison, and the State Department of Parks and Recreation all said "yes". With the lead agencies secured Ed then reached out to the community and his connections with the civic groups within Folsom. Over 150 volunteers from 10 different local non-profit organizations joined Ed in building the City's first mile of trail. Ed's fellow Park Commissioners and City Council members joined him as well.

This first mile of trail now known as the Lake Natoma Waterfront Trail was recently upgraded to meet the American Disabilities Act standards for a more diverse population to enjoy. This beautiful trail meanders along the American River behind the Lake Natoma Inn north of Karen's Bakery.

In efforts to build on this success, Ed and the Friends of Folsom Parkways lobbied the Folsom City Manager and City Council to hire a trail planner. For over 20 years Jim Konopka, the City's first trail planner, built over 50 miles of Class 1 paved bike trails and numerous dirt trails. Jim Konopka's legacy of work has become one of Folsom's most used and best loved resources.

Therefore, never underestimate the power and impact one volunteer can make on a community. Ed's networking skills and dogged persistence has forever changed our community. An additional 30 miles of trail are being built in Folsom's south area (Folsom Ranch). Along with a new 600-acre natural oak grove park with miles of natural trails. All this spurred on by what Ed started with our community members building the first mile of trail. Get involved, stay involved, It's good for you and our community.

Ed Pegram was formerly trained as an educator who taught and coached swimming at American River College. His wife, Sandy, and running partner, Linda Ruh, were also founding members of one of Folsom's first running clubs.

Below is a picture of Trails Day from 2004. We have come a long way.





# CALENDAR

- March 10 FOFP Monthly Meeting
- April 14 FOFP Monthly Meeting
- April 23 Trails Day

## Membership Form

I would like to become a new member of Friends of Folsom Parkways or renew my membership for 2022. My yearly membership fee of \$15.00 individual / \$20.00 family is enclosed made out to: **Friends of Folsom Parkways**. Send to Friends of Folsom Parkways, P. O. Box 1501, Folsom, CA 95763-1501 or go to <http://www.enjoyfolsomtrails.org/> to join.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Day Telephone: \_\_\_\_\_ Evening Telephone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Circle the activities you are interested in helping with:

- |             |               |                     |                  |
|-------------|---------------|---------------------|------------------|
| TRAIL WALKS | TREE PLANTING | ADOPT-A-CREEK/TRAIL | PROJECT REVIEW   |
| TRAILS      | FUND RAISING  | MEMBERSHIP          | WILDLIFE HABITAT |
| FUN RUN     | TRAIL DAY     | BIKE PATHS          | FINDING SPONSORS |