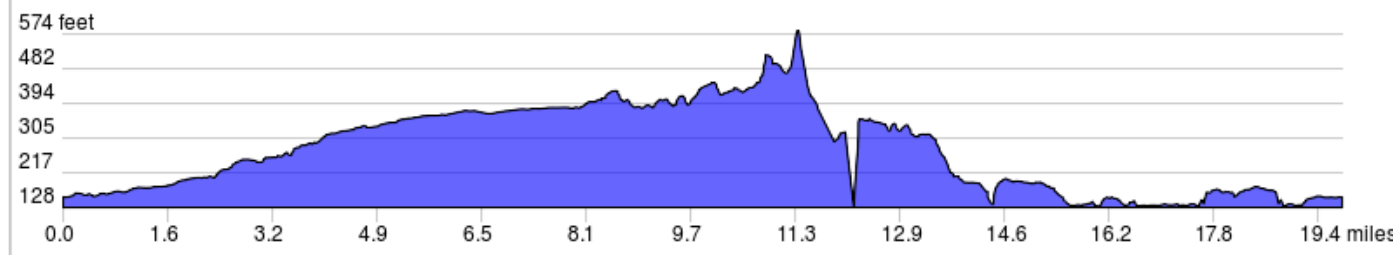


Easy Riders (3/22/16)



Start: La Bou Bakery in Folsom. An enjoyable, short, 20 mile, biking loop using a combination of Folsom trails, streets, and the American River Bike Trail. The route begins at La Bou at Blue Ravine and Folsom Blvd., and takes you through the Parkway, the new Johnny Cash Trail, Folsom Lake Crossing, Historic Folsom, and the Willow Creek Recreation Area. The route was designed by Ruth and Steve Anderson for a Sacramento Bike Hikers ride. (Annotated by Jerry Beckett)



Easy Riders (3/22/16)

0.0	▀	Start of route	0.0
0.0	↑	Pedestrian tunnel	0.1
0.2	←	L	0.0
0.2	←	L	0.3
0.5	→	R to stay on Parkshore Dr	0.4
0.8	→	R onto Folsom Parkway Rail Trail	1.5
2.3	→	R onto Humbug Willow Creek Trail	0.1
2.4	←	L to stay on Humbug Willow Creek Trail	0.6
3.0	←	L to stay on Humbug Willow Creek Trail	1.2
4.2	←	L to stay on Humbug Willow Creek Trail	0.5
4.7	←	Slight L to cross Oak Ave Pkwy & stay on Humbug Willow Creek Trail	0.6
5.3	→	R onto Prewett Dr	0.1
5.4	←	L onto Newington Way	0.1
5.5	←	L onto Dulverton Cir	0.1
5.6	←	L onto trail before Westbury Cir.	0.4
5.9	→	R at fork	0.3
6.2	←	L at "T"	0.4
6.6	→	R onto Humbug Willow Creek Trail	0.9
7.5	→	R at "T"	0.0
7.6	←	L	0.0
7.6	→	R	0.2
7.8	←	L	0.5
8.3	→	R onto Parkway Dr	0.0
8.3	←	L onto Blue Ravine Rd	0.2
8.6	→	R onto trail after Arrowsmith Dr.	0.6
9.2	←	L at Willow Creek Dr.	0.3
9.5	→	R at Oak Ave Pkwy	0.1
9.6	←	L toward Hancock Dr	0.1
9.8	→	R onto Hancock Dr	0.6
10.4	↑	Cross E. Natoma & Continue onto Folsom Prison Rd	0.0
10.4	→	R onto the Johnny Cash Trail	0.4
10.8	↑	The Johnny Cash Bridge	0.0
10.8	↑	Continue straight along Folsom Lake Crossing	1.6

10.8 miles. +481/-168 feet

12.4	→	Sharp R onto American River Bike Trail--TRAFFIC!	1.9
14.3	←	L before Greenback to stay on American River Bike Trail	0.3
14.6	→	Slight R to stay on American River Bike Trail	0.0
14.6	←	L onto Greenback Ln into Historic Folsom	0.1
14.7	→	Slight R onto Leidesdorff St	0.2
14.9	☞	Karen's Bakery and Mike's Bikes to the R	0.2
15.0	←	Sharp L onto the ramp	0.0
15.0	→	R	0.1
15.1	↑	Continue onto Sutter St	0.2
15.3	←	L onto Forrest St	0.0
15.3	→	R onto Young Wo Cir	0.1
15.5	→	Young Wo Cir turns slightly R and becomes American River Bike Trail	0.1
15.5	←	L at "T" to stay on American River Bike Trail	2.2
17.7	→	Cross Trail & slight R to stay on American River Bike Trail	0.5
18.2	←	L to stay on American River Bike Trail	0.5
18.8	→	R to stay on American River Bike Trail	0.4
19.2	→	Bear R after crossing creek	0.6
19.8	▀	La Bou and Dos Coyotes are ahead!	0.0
19.8	▀	End of route	0.0

9.0 miles. +259/-457 feet